

# Gardener's Restaurant

## GLUTEN FREE MENU

### Early Birds

AVAILABLE  
UNTIL  
11:30AM

ENJOY A GREAT START TO THE DAY WITH ONE  
OF OUR GREAT VALUE BREAKFASTS

**Gluten Free Breakfast** £9.99  
Free range egg, 2 rashers of bacon,  
2 gluten free sausages, baked beans,  
tomato, a slice of gluten free toast & a pot  
of tea for one or regular filter coffee

**Two Slices of Toast** v/vg £3.20  
Gluten free bread with butter & marmalade  
or strawberry jam

**Baked Beans on Toast** v/vg £6.49  
Served on gluten free bread

**Eggs on Toast** v £6.49  
Scrambled, poached or fried eggs served  
on gluten free bread

**Bacon or Sausage Sandwich** £6.49  
2 rashers of bacon or 2 gluten free  
sausages in gluten free bread

Extra breakfast items  
**£1.50**

### From the Allotment

SERVED ON GLUTEN FREE BREAD WITH A  
SIDE SALAD AND PLANT POT OF CHIPS

**Toasted Sandwiches** £9.49  
Mature cheddar cheese with either:  
• Honey Roast Ham  
• Caramelised Red Onion Chutney v  
• Tuna in Mayonnaise  
• Fresh sliced tomatoes v

**Deli Sandwiches** £10.99  
A selection of filled sandwiches with gluten  
free bread using a high quality produce  
served with chips & salad garnish

### Perennials

**Omelette** v £9.99  
Choose from Ham, Mature cheddar  
cheese, tomato or mushroom served  
with a side salad  
Extra toppings £1.25 each

**Sweet Potato Casserole** v/vg £11.99  
Sweet potato & vegetable casserole served  
with a jacket potato or chips

AVAILABLE 11:30AM-  
3:30PM

**Paninis** £10.49  
Creamy brie with bacon or cranberry sauce  
Mature cheddar cheese with Skipjack  
tuna mayonnaise

**Oven Baked Jacket Potatoes**  
Served with a side salad

Baked Beans vg £8.99  
Homemade Coleslaw v  
Mature Cheddar Cheese v  
Tuna in Mayonnaise £9.99  
Prawns in a Seafood Sauce

**Salad Board**  
Please see salad board for choices

**Honey Roast Ham** £13.99  
Sliced honey roast ham, 2 free range  
eggs & chips

**Thai Fish-cakes** £12.99  
Served with a side salad, coleslaw & a  
sweet chilli dip

*Please note that whilst every precaution  
is taken there maybe a very small risk  
of cross contamination.*

### Homemade Soup

Served with gluten free seeded roll

**£6.99**

### Burgers

ALL SERVED WITH CHIPS

**Quinoa, Edamame & Beet Burger** £13.99  
Served in a fresh gluten free bun with baby  
gem lettuce, tomato & burger relish vg

**Beef Burger** £13.99  
Prime beef patty served in a fresh gluten  
free bread bap with baby gem lettuce,  
tomato & burger relish

**Bacon Cheeseburger** £14.99  
Prime beef patty served in a gluten free  
bread bap with mature cheddar cheese,  
rasher of back bacon, baby gem lettuce,  
tomato & burger relish

### Pennells Burger

3 beef patties, 3 rashers of bacon, cheese,  
lettuce & tomato served in a gluten free bread  
bap with a side of onion rings & coleslaw

**£19.99**

AVAILABLE  
12:00PM-  
2:30PM

V - Vegetarian VG - Vegan

Open: Monday - Saturday 9:00am - 4:30pm - Sunday 10:30am - 4:00pm

www.pennells.co.uk